

How to request help?

To request assistance from Disability Rights Montana, call and talk with one of our advocates. You can also fill out a **Request for Service** form on our website. Our office is open **8 a.m. to 5 p.m. Monday through Friday**. If an advocate is unavailable when you contact **Disability Rights Montana**, your call will be returned as soon as possible.

Disability Rights Montana protects and advocates for the **human, legal and civil rights** of Montanans with disabilities while advancing **dignity, equality and self-determination**.

1022 Chestnut Street
Helena, MT 59601-0820
Voice/TDD: 406-449-2344
Toll Free: 800-245-4743
Fax: 406-449-2418
advocate@disabilityrightsmt.org
www.disabilityrightsmt.org

disability **rights** montana
1022 Chestnut Street
Helena, MT 59601

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Client Assistance Program

CAP is the advocacy program for people with disabilities who are seeking or receiving rehabilitation services authorized in the Rehabilitation Act and provided by or funded through the State of Montana Vocational Rehabilitation and Blind Services.

What is CAP?

CAP (Client Assistance Program) is a program of Disability Rights Montana that assists or represents individuals who are seeking or receiving services under the **Rehabilitation Act**, which include:

- Vocational Rehabilitation Program (**VR**)
- Living Independently For Today & Tomorrow (**LIFTT**)
- Montana Independent Living Project (**MILP**)
- North Central Independent Living Services (**NCILS**)
- **Summit** Independent Living Center
- **Native American** Vocational Rehabilitation Programs
- Blind & Low Vision Services (**BLVS**)

There is No Charge for CAP services

CAP can help

if you are:

- **looking for information** about your rights involving vocational rehabilitation or independent living programs
- **dissatisfied** with the services you are receiving
- **denied services** for which you believe you may be eligible
- **concerned** that your services have been changed or stopped without your consent

call **Disability Dights Montana** toll free at **1-800-245-4743**

CAP can

- help you **understand your rights** and protections under the law
- help **resolve problems** you may have with your counselor
- provide **advocacy services** including help with appeals and administrative proceedings

What are my rights?

you have the right to:

- be involved in **planning your own rehabilitation program**, including making choices about your employment goals and service providers
- **apply or reapply for services**, including the right to an evaluation to find out if you are eligible
- **appeal decisions** made by your counselor regarding your rehabilitation plan

People with disabilities have a right to participate in their rehabilitation programs, including making meaningful and informed choices.

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